



# **Far Infrared Saunas Installation/Instruction Manual**





Dear users,

Please read this direction carefully before use and keep it cautiously for the future. The installation of the sauna requires a minimum of 2 people. You should not try to install the sauna on your own as damage will easily occur.

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**WARNING:** Visually inspect all parts before assembly to make sure they are not damaged. Any excessive vibrations during transport could cause damage. **DO NOT START** the sauna if damage is detected! Contact us for troubleshooting and replacement parts.

**CAUTION:** Exit Sauna Immediately If You Feel Dizzy, Sleepy, Or Any Discomfort.

Since many materials absorb the infrared rays, minimal clothing is recommended for maximum effect. The infrared sauna emitters are designed to heat you and not necessarily the air inside the sauna. It is not a hot box like a traditional sauna. The temperature gauge is a guide for your safety. It is recommended that you drink water before, during, and after sauna use to prevent



dehydration since body fluids will be lost through perspiration. Wait 15–20 minutes after your session before showering to allow your body temperature to return to normal.

## **1. INSTALLATION PROCEDURE**

### **CAUTION:**

No plumbing or plumbing fixtures should be placed in the sauna. Keep all liquids away from the heating panels. Install sauna on a completely level surface. Install the sauna in an area that is dry. Flammable objects and corrosive chemical substances should be kept far away from the sauna.

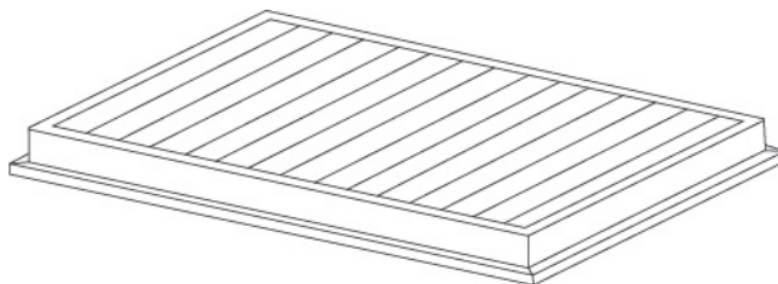
Each side panel has a white label to identify the side and direction. The panel with “LEFT” label should be placed on the left side according to the sauna (View from the inside of the sauna). The same goes with the other panels.

Do not install the sauna near water, near a bathtub (if water will splash on the sauna), near a shower (if water will splash on the sauna), in a wet basement, or near a swimming pool (if water will splash on the sauna).

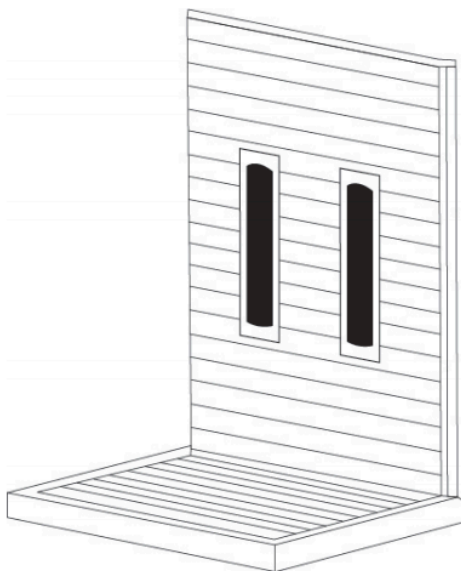
### **For Square Style**

The following pictures are used for your reference. If your sauna has some differences from the pictures, please just follow the steps.

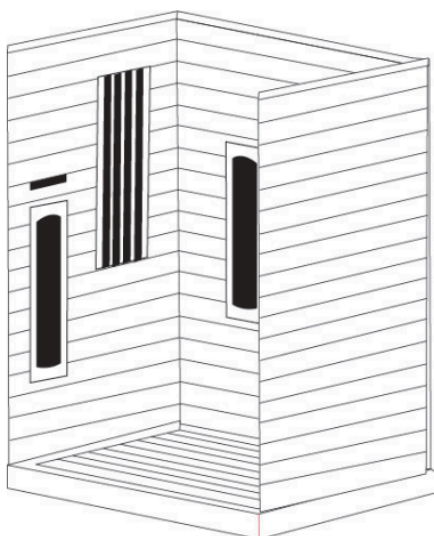
- 1) Open sauna packages in a large area. Place the Floor Panel on the desired location.



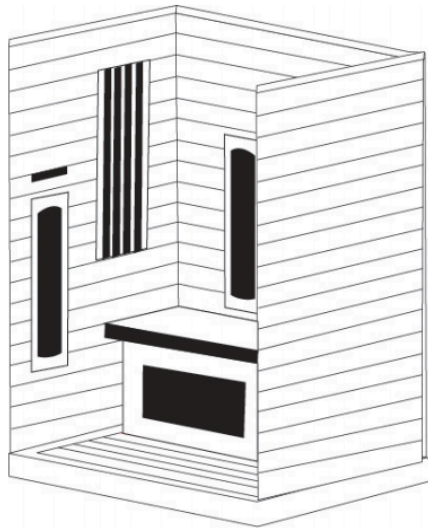
2) Place the Back Panel on the Floor panel vertically and secure.



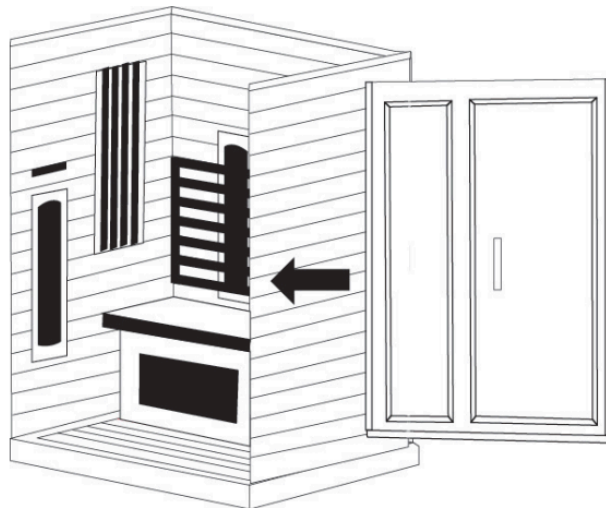
3) Place the left panel and right panel on the Floor panel in the same way.



4) Place the sitting baffle between the two slips of the left and back wall and connect the terminals. Add the Bench Board.



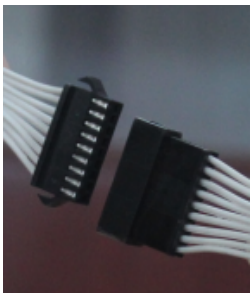
5) Place the front panel. Slide it down vertically between the left wall and the back wall.



6) Place the roof panel in the same manner.



7) Connect the wires on the top. Please refer to the pictures below ( 3 steps).



8) Raise External Top Cover above the sauna. Pull the power wire out through the cover hole and fix the cover by a screw.







### **For Towel rack, cup holder, magazine holder, and oxygen ionizer installation**

Although there are small pre-drilled holes for the placement of these items, the towel rack, magazine holder, and cup holder can be placed wherever you prefer as long as you do not damage the wood. If installing in a different location, it would be a good idea to pre-drill the holes before you tighten the screws. The oxygen ionizer should be installed in the upper left of the back panel, where there is a small wire that should be fed from the top panel.

**Oxygen Ionizer**



**Speaker**



**Color Light**



**Cup Holder**



**Towel rack**



**Magazine Holder**



## **2. How to Use Instructions**

### **1) Caution**

Check all the circuitry and the plug connections carefully. Plug the sauna into a dedicated 110/120V wall outlet. Do not use an extension cord or power strip, as this creates a significant fire risk.

Do not share the outlet with other electrical appliances to avoid danger.

Do not use the sauna room if under the influence of alcohol, drugs or medications.

Consult a physician if you are pregnant, have a heart condition, high/low blood pressure, circulatory system problems, or surgical implants (such as pacemakers or metal pins).

Minors should be supervised in order to prevent injury.





Allow up to 30 minutes heat up time.  
Do not use the room for drying clothes, bathing suits, etc.  
Do not put animals in the room.  
After 2 hours of continuous use, shut the sauna down for one hour.

## **2) USE ENVIRONMENT**

Temperature: 5~40°C;  
Comparative humidity:  $\leq 85\%$ ;  
Atmospheric pressure: 700hpa~1060hpa;  
Power: AC 120V $\pm$ 12V

## **3) CHARACTERISTICS**

Wooden frame;  
Electronic controls and constant temperature automatically;  
Imported high-precise numerical transporter;  
Electronic keying;  
Far-infrared radiate heaters;

## **OPERATION INSTRUCTIONS**



### **1. Standby state:**

When plugging in an electronic outlet, the sauna will be on standby, the backlight will be on (notice, logobacklight is still off.)



2. Turning on : Press key, the sauna will be on, it will display “---”, “--” on screen, chromotherapy lamp and reading lamp will be on, LOGO backlight will also on.

### 3. Function



When the sauna is on, press “ key, sauna will be on, temperature and time will work as last time’s setting’s temperature and time.

Time setting: when the sauna is on, press  $\uparrow$  ,  $\downarrow$  . To adjust the time, the time range is 5 min to 60 min, every press will adjust 1 min, if you keep pressing this key, the temperature will be adjusted continuously.

Temperature setting: when the sauna is on, press  $\uparrow$  ,  $\downarrow$  . To adjust the temperature, the temperature range is 30°C to 90°C, every press will adjust 1°C. If you keep pressing this key, the temperature will be adjusted continuously. If the sauna temperature is lower than 30°C, it will display “--”.

### 4. Therapy key:



Press this therapy key to start the therapy function, temperature is fixed at 45°C, time is 30 min.

### 5. Music function:



A. When the sauna is on, press to open blue tooth, meantime, turn on Bluetooth function on your mobile and search for device, when match completes, it will play music. It will need 6 to 7 seconds to match, and the temperature display zone will show “bt”. The time display zone will show volume “XX”(01—26 grade) , press volume +/- to adjust volume. If 8 seconds of no operation, the display screen will show temperature and time.




B. When the sauna is on, press to turn on the USB function. Temperature display screen will show “USB”, press music to choose previous or next songs, time display screen will show “XX”, press volume +/- to adjust volume, if 8 seconds no operation, the display screen will show temperature and time. Notice, it will need 2 to 3 seconds to read flash. Please use MP3 format to play music and don’t use this flash to store other files.


### 6. Lamp setting



A. When the sauna is on, press to turn on / off the chromotherapy lamp. Press it for 5 seconds, it will show “LE” in the temperature display screen, and show “0X” in the time display zone, under this condition, press it again to change color. Temperature screen display “0X”(X is 1-9)

B. When it displays “LE”, press  once to change one color and memorize. (L01 RGB is all on, L02b red blue, L03 blue, L04 blue green, L05 green, L06 green red, L07 red, L08 jumping change, L09 gradual change) B, if there is no press key for 8 seconds, time display screen will exit LE, time display screen will exit 0X, chromotherapy lamp will keep the current color and exit the lamp function.

LED lamp :

1. When the sauna is on, press  to turn on / off AC220V ceiling lamps. If there is an external power source, this key can control low-voltage lamps. The sauna has a DC12V oxygen emitter function, when the sauna is on, the oxygen emitter will be on.

2. Temperature sensor fault detect

Open circuit: when the two display screens show “EO” and flicker, the control panel will buzz, the sauna can not be running, and will return to normal use after trouble removal. Short circuit: when the two display screens show “E1” and flicker, the control panel will buzz, the sauna can not be running, and will return to normal use after trouble removal.

## **5) TROUBLESHOOTING**

**The light bulb is out of order**

	<b>Possibility</b>	<b>Repairing Method</b>
1	The bulb fuse is burned up.	Change a bulb.
2	The bulb and the socket are not connected well.	Pull out the bulb and check the socket, change the socket if necessary. Then plug it back in.
3	The fuse is burned up.	Change a fuse. On the top of the ceiling.

**The control panel is out of order**

	<b>Possibility</b>	<b>Repairing Method</b>
1	The cable of the control panel is not connected well.	Check the cable connection and fix it properly.
2	The fuse is burned up.	Change a fuse. On the top of ceiling
3	The indicator light of power is on, but no led display	Most likely will need a new control panel



### **The far infrared heaters are out of order**

<b>Phenomenon</b>	<b>Possibility</b>	<b>Repairing Method</b>
1 One of the heaters cannot heat.	The heater is not connected properly	Check connection
	The heater needs replacement	Replace heater
2 All heaters cannot heat.	The power plug is not connected properly	Check power plug
	The heaters are not properly connected	Fix the connections
	Relay malfunction	Change relay
	Control panel malfunction	Change control panel

## **6) MAINTENANCE**

The sauna room should be kept clean and odor free. Damp towels should always be used on benches otherwise perspiration penetrates the soft wood. Air out the room often by keeping the door and vents open when the room is not in use. Saunas that are in daily use should be washed down at least once a week to keep them clean and the air fresh. Inspect benches regularly for required maintenance. To clean and remove perspiration stains, use soap or detergent in warm water, best applied with a scrub brush. Badly soiled surfaces may require sanding. Sand paper wrapped around a wooden block works well. Since infrared saunas do not require hot rocks, water, or steam to operate, they require very little maintenance. You can simply wipe it down with water – use a damp, soft, and clean cloth. Do not use any chemical based cleaning agents as they can be absorbed into the wood and be released into your sauna during use.

**WARNING:** This product can expose you to chemicals including wood dust, which is known to the State of California to cause cancer. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

## **7) WARRANTY**

Please fill in the warranty card on the following page within 30 days to register your sauna and receive a full warranty.

We guarantee our sauna against defective material and/or workmanship for a period of 24 months from the purchase date. We warranty the replacement of heaters and any electronic components associated with the sauna for the life of the sauna to its original purchaser. Variations in wood texture, color, and normal wear are not covered by any warranty. We do not warranty the CD/DVD/LCD System as it carries its own manufacturer's warranty. The warranty is deemed void if the sauna has been misused, altered, or open to the elements of weather. Any deviation from the instruction manual causing damage to the sauna will not be



under warranty. Our saunas and any of its subsidiaries and/or associates shall not be held responsible for any misuse of the sauna by customers. Our saunas shall not be liable for any damage and/or injury caused by customer misuse of product. Customers shall use the sauna at their own risk. Conditions are subject to change without notice.

This sauna is for INDOOR use only. Placing your sauna outdoors will VOID this warranty. Any damage due to exposure to outdoor elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty. Any damages as a result of modifications made to the sauna or its components will void this warranty.

This warranty applies to products manufactured or distributed by The Saunaplace under its brand names, delivered in the continental United States or Canada and extends to the original purchaser at the original site of installation only. This warranty becomes valid at time of purchase and terminates either by specified time frame listed above, owner transfer, or relocation. Your sales receipt showing the date of purchase of the product is your proof of purchase. Warranty is not transferable

#### Warranty Limitations

This warranty does not apply if the unit has been subject to full commercial use, negligence, alteration, modification, misuse, abuse, repairs by non-authorized personnel, inappropriate installations, or any case beyond the control of The Saunaplace invalidating this warranty including but are not limited to:

- Use of lacquer or paints
- Sauna and other The Saunaplace products accessories placed on non-approved surfaces
- Outdoor applications
- Normal wear and tear or weathering
- Use of product not in accordance with instructions
- Worn out receptacle

Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction. Note: Since the wood used in construction has been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment.

While we always expect that your order will arrive in the condition we ship and package it in, it is your responsibility to ensure the item has not been damaged by the carrier during shipping. Please check for any damage upon delivery and note any such damage and or shortages on delivery receipt BEFORE the driver leaves. If boxes are in bad shape, or have any damage, please write that on the bill in case there is any concealed damage found later. Damage must be reported within 3 days to the truckline or a claim cannot be filed. Call The Sauna Place with any questions you may have.

The Saunaplace shall not be liable for loss of use of sauna or other products or other secondary



or incidental or consequential costs, expense or damages arising directly or indirectly out of the use or inability to use the product. Any implied warranty shall have duration equal of the

applicable warranty stated above. Under no circumstances shall the manufacturer or any of its representatives be held liable for injury to any person or damage to any property, however arising.

#### Legal Remedies

This limited warranty gives you specific legal rights. You may have other rights, which may vary from state to state.

#### Customer Service

For customer service, contact your authorized dealer. If you need additional information or assistance, please email The Saunaplace at [salesteam@saunaplace.com](mailto:salesteam@saunaplace.com) or call (931) 591-3965.

#### DISCLAIMER

Our saunas and its associates do not provide medical guidance. Consult a doctor for medical advice. All of the information contained in this manual is for information purposes only. We reserve the right to change, without notice, anything contained within the manual. Our saunas shall not be held responsible for printing variations. Color variations may occur. Some models are shown with optional features.

### **8) WARRANTY CARD**

Model No		Serial No	
Owner's Name		Telephone	
Address			
Dealer's Name			
Purchase Date		Installation Date	
Installation Status			
Signer: _____			
Remarks			