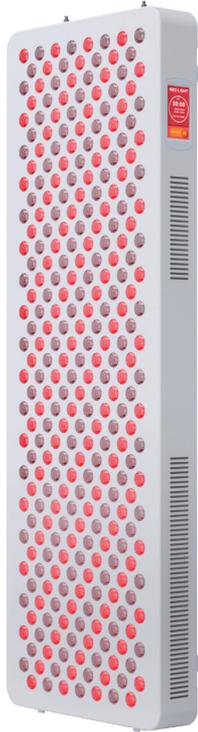
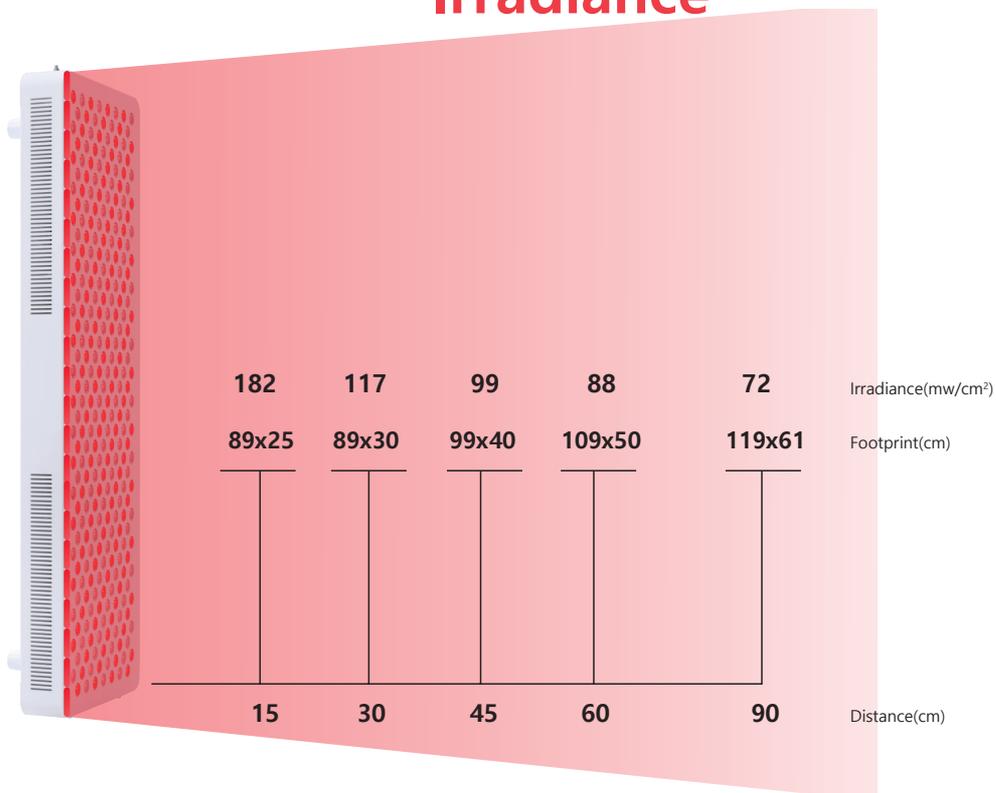


Heritage Alba Red Light Therapy Manual



Wavelengths (Two configurations)	1. 630nm:660nm:810nm:830nm:850nm 2. 480nm:630nm:660nm:810nm:830nm: 850nm:1060nm
Amps @110v	4.43A
Amps @220v	2.08A
Dimensions	91 x 30 x 6.6cm
Power Consumption	489W
LEDs	300 x 5W
Beam Angle	30 Degree
Timer	1-30 minutes adjustable
Pulse	0-40 Hertz adjustable(only for NiR LEDs)
Dimmable	0%-100%
Cooling Fans	4pcs
Weight	10.8KG
LED Lifespan	50,000hrs
EMF Emission	-Negligible
Warranty	3 Years
Best For	Half Body
Max Area	119x 61cm
App	RLT System

Irradiance





1. LED Therapy Light

3. Door Hook

5. Hanging Hardware

7. Patch Cable

2. Eye Protection

4. Remote control

6. Power Cable

8. Cable Assembly & Snap Links

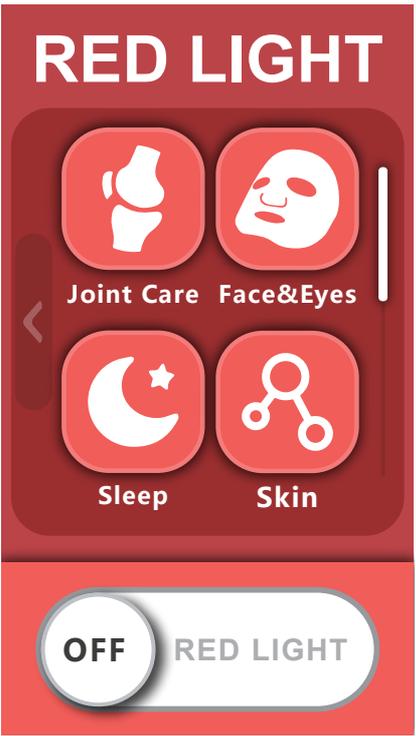


After powering on, it displays for 1.5 seconds, then enters the main menu.



1. Press the **Smart** button to select Joint Care, Face & Eyes, Sleep, Skin, Workout, or Mood Health mode
2. Press the **Custom** button to choose Dimming, Timer, or Pulse.
3. Press the **Group** button to select Group 1, Group 2, or Group 3
4. Toggle the switch **OFF/ON** to turn the light off/on

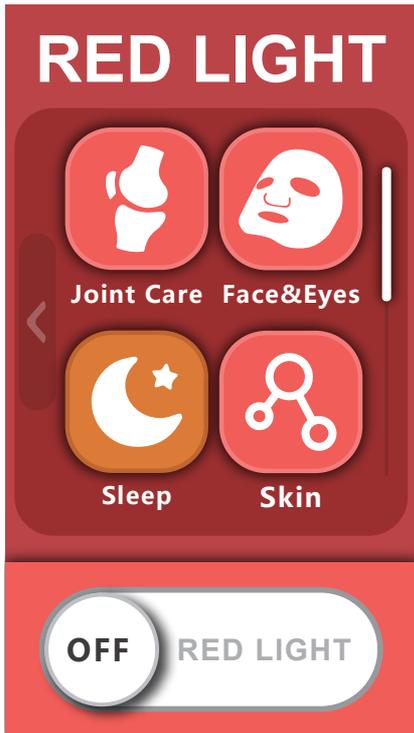
(Main Menu)



(Smart Mode Interface)

Tap the Smart button, scroll up or down to view all smart modes, tap to select one.





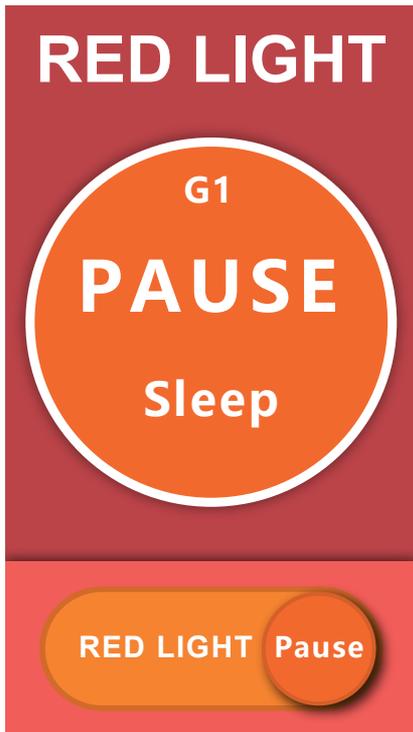
(Smart Mode Interface)

Click the Sleep button, it turns yellow to show it's selected. Press OFF to start.



(Sleep Mode Operating Interface)

The time is displayed during operation. To turn off the light, press the ON button, and it will turn gray.



In the Pause interface of smart mode, the light will remain off.

(Pause Interface of Smart Mode)



Once the timer runs out in smart mode, the light will turn off.

(Finish Interface of Smart Mode)

RED LIGHT



Smart



Custom



Group

OFF

RED LIGHT

(Main Menu)

Click the Custom button, it turns yellow and enters the Custom interface.

RED LIGHT



Dimming



Timer



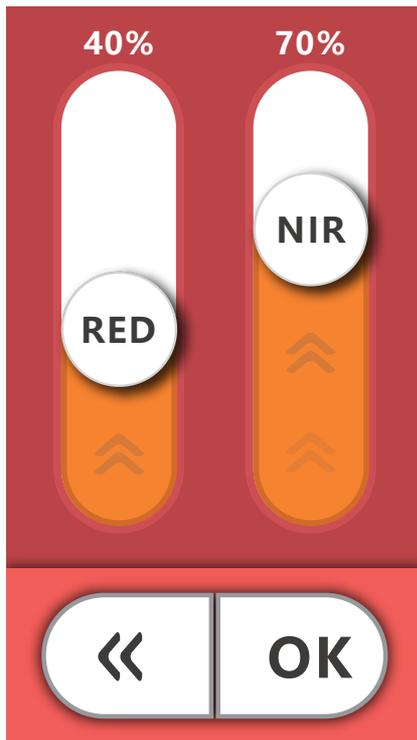
Pulse

OFF

RED LIGHT

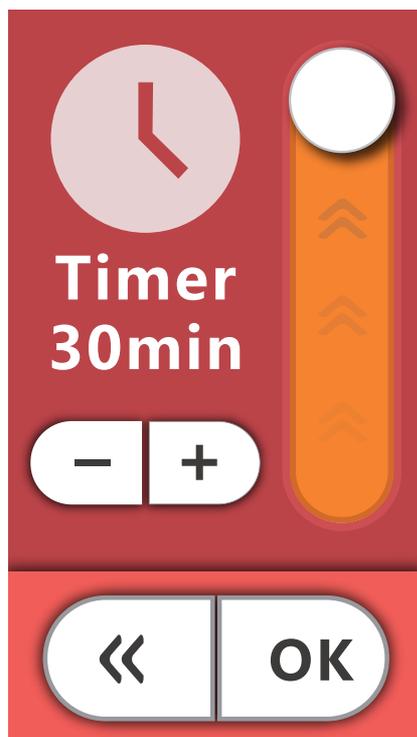
(Custom Interface)

Click the Dimming button to adjust the intensity.



(Custom Dimming Interface)

Slide RED or NIR to adjust the light intensity. The light changes as you slide, and the number above increases or decreases from 0% to 100%. After setting the value, click OK to return to the custom interface.

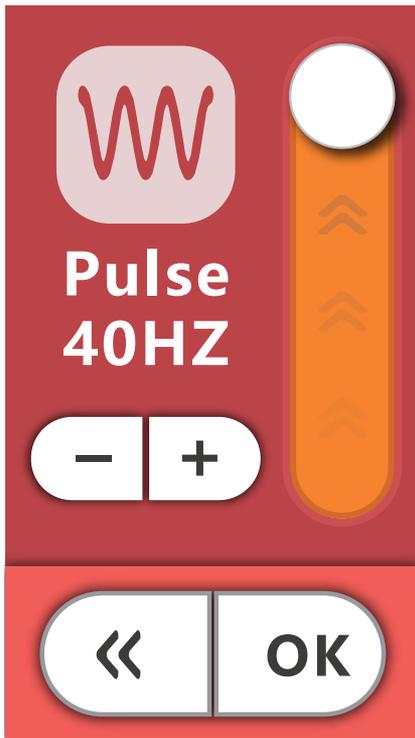


(Timer Setting Interface)

In the custom mode interface, click the Timer button to enter this screen.

From the Timer interface, set your desired time using the + and - buttons or by sliding the screen. Press OK to save this time, this time will stay in memory and the light will default to this when started.

After setting the value, click OK to return to the custom interface.



(Pulse Interface of Custom Mode)

In the custom mode interface, click the **Pulse button** to enter this screen.

You can adjust the Pulse from 0% HZ to 40% HZ by either swiping the screen or pressing the "-" or "+" buttons for precise control.

After setting the value, click OK to return to the custom interface.



(Operation Interface of Custom Mode)

After setting the program, click OFF, the light will turn on and run.



In Pause interface of custom mode, the light will remain off.

(Pause Interface of Custom Mode)



Once the timer runs out in Custom mode, the light will turn off.

(Finish Interface of Custom Mode)

RED LIGHT



Smart



Custom



Group

OFF

RED LIGHT

(Main Menu)

Click the Group button to enter.

RED LIGHT



Group 1



Group 2



Group 3

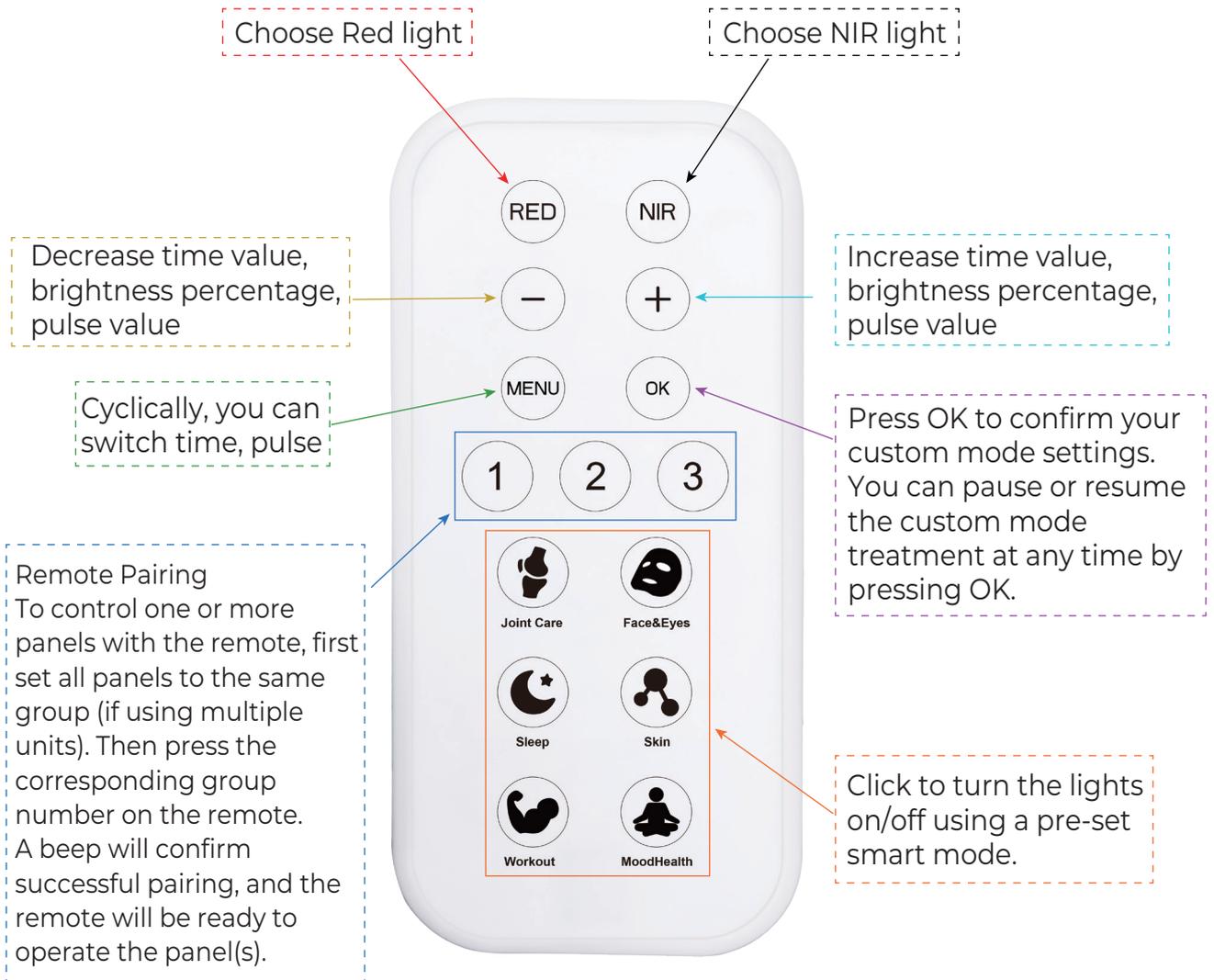
OFF

RED LIGHT

(Group Interface)

From this screen, you can assign the light to a specific group for remote control. By default, Group 1 is selected. Change this only if you have multiple arrays in the same room that need individual control.

Remote Control User's Guide



Note:

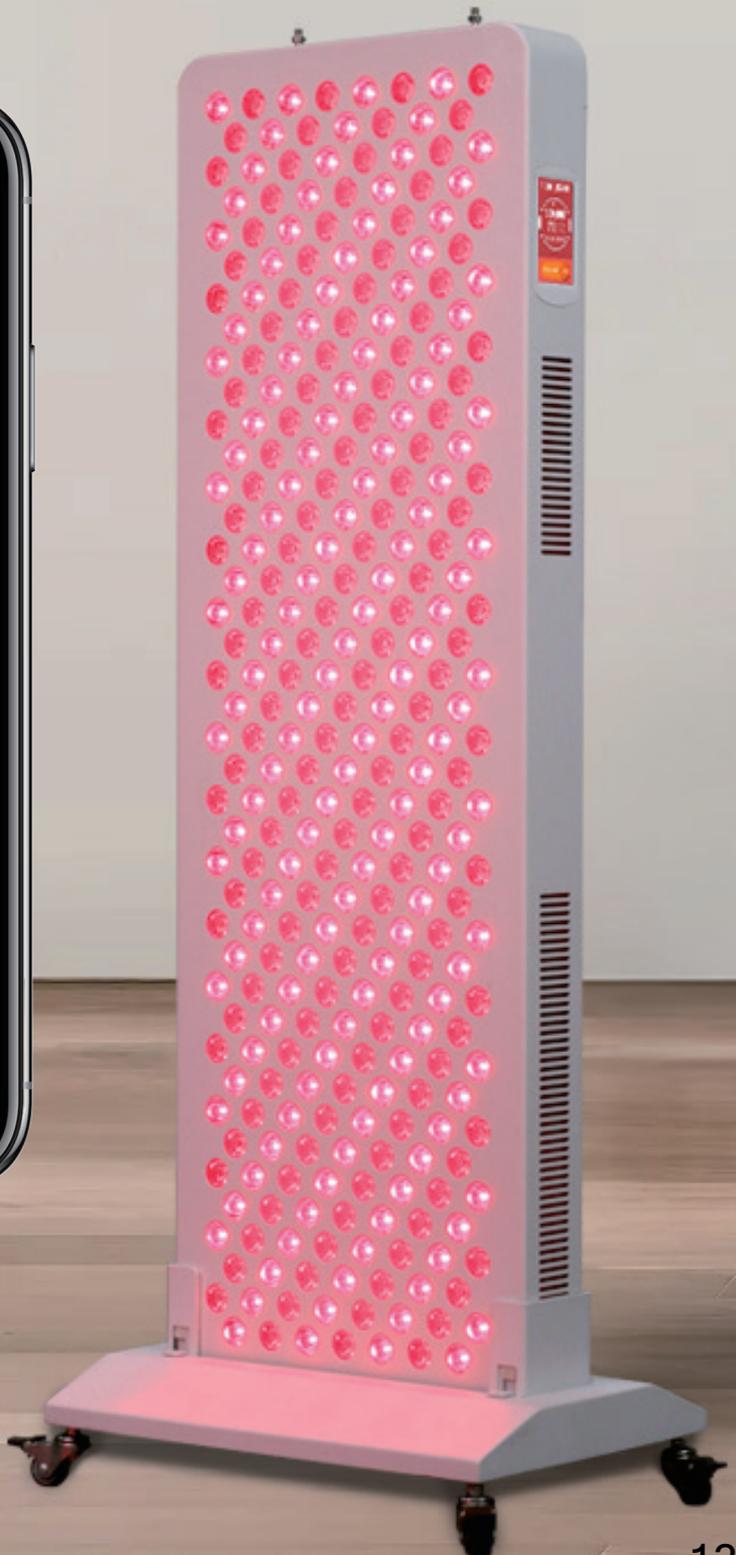
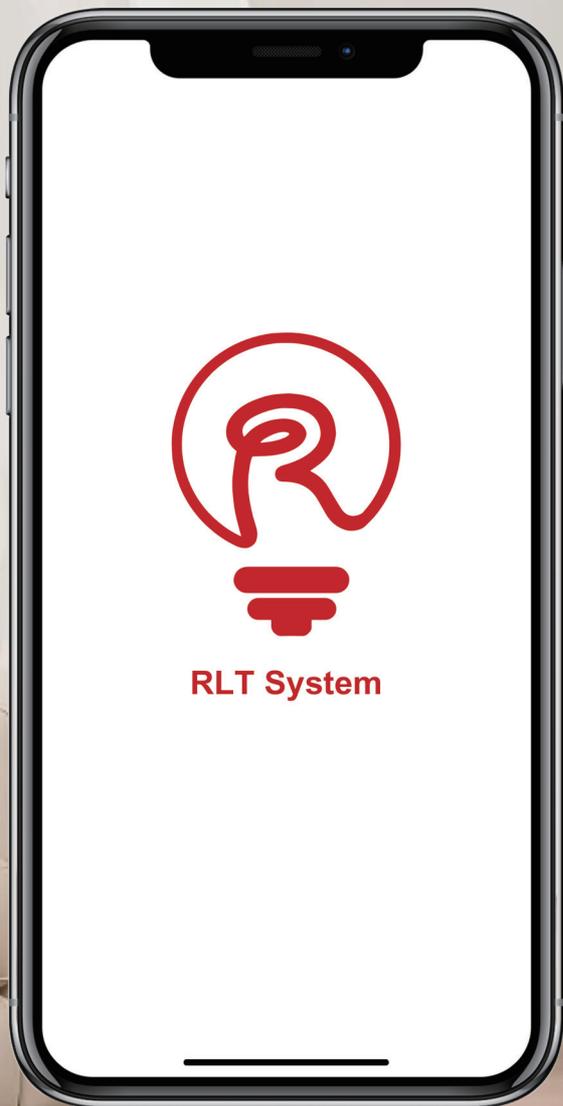
The Panel have a screen-off function. The screen will turn off 2 minutes after a touch, and 30 seconds after using the remote.

A reminder beep will sound when half of the runtime in any mode has passed.

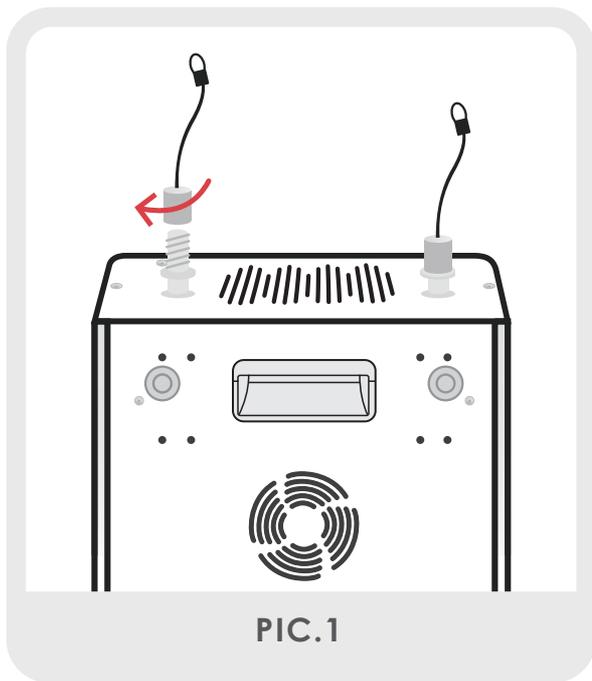
! MAKE SURE THE REMOTE IS PAIRED WITH THE LIGHT BEFORE YOU USE IT.

RDPRO TOUCH Screen Light App Download

Get the RLT System app by searching in the App Store or Google Play, or simply scan the QR codes below!

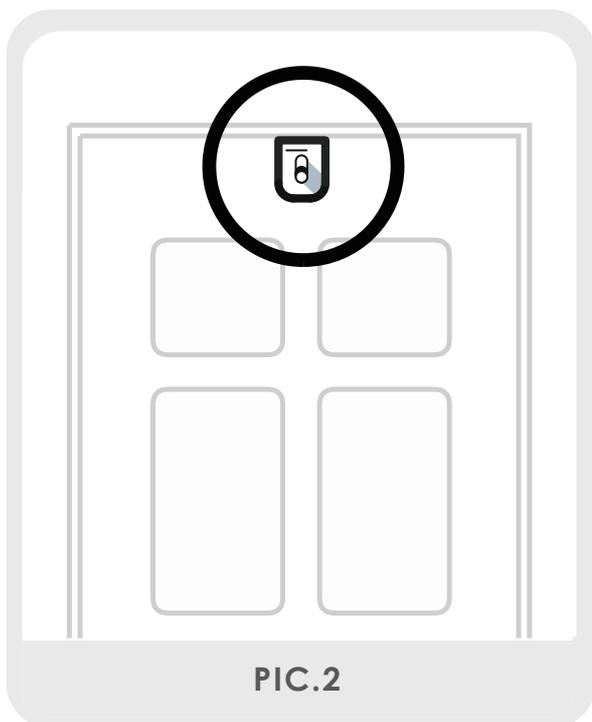


Install Your Therapy Light



STEP 1 ▶

Lay all of the included hardware, including your Panel, on a padded surface. Next, screw in the threaded posts to the top of the device and hand-tighten with the included Allen wrench. Then, screw the cable supports to the threaded posts, as shown in PIC.1.



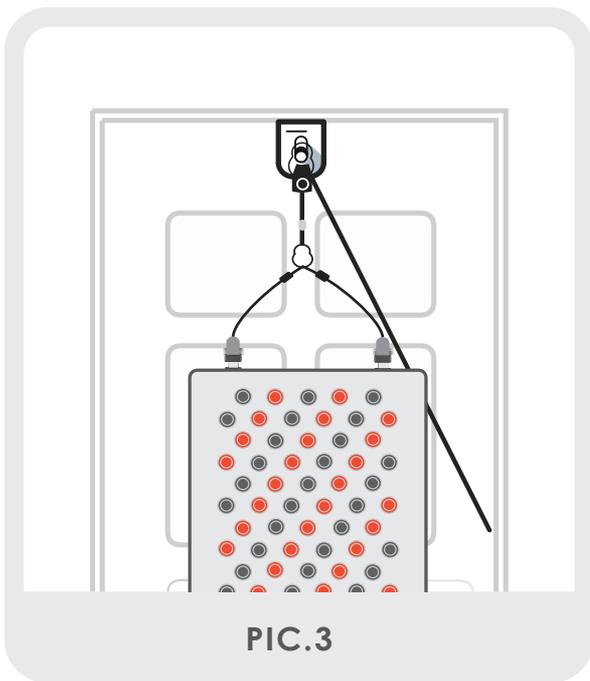
STEP 2 ▶

Hang the included custom hook on any standard-sized door, as shown in PIC.2.

Install Your Therapy Light

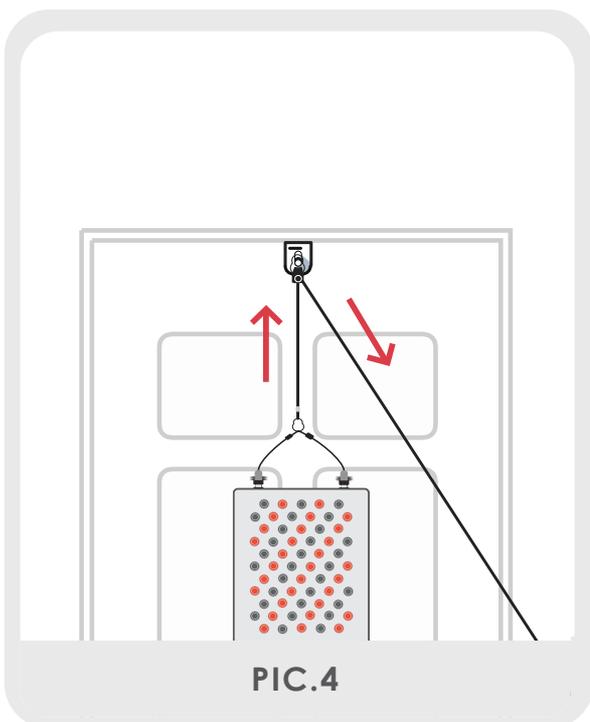
STEP 3 ▶

Connect the cable supports to the snap link attached to the height-adjusting system. Then, connect the snap link on the opposite end directly to the door hook, as shown in PIC.3.



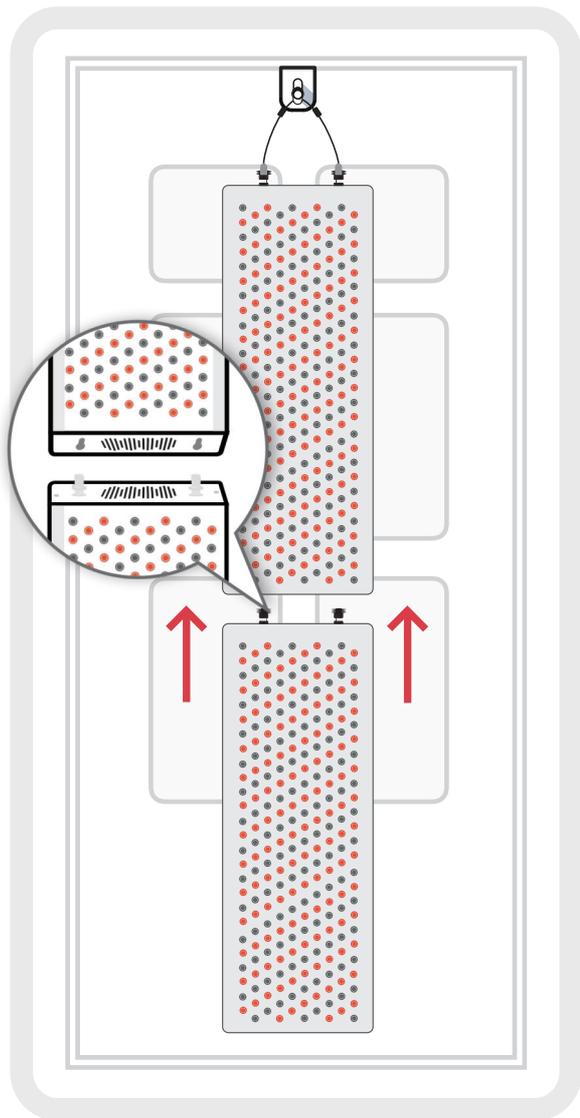
STEP 4 ▶

To raise your Panel to your desired height, pull down on the loose cable while supporting the device with your opposite hand, as shown in PIC.4.



Be sure to adequately support the device while raising and lowering it with the height-adjusting system.

Connecting Multiple Light Units



STEP ▶

To connect the lower device, lift it into position below the lead device that is already in place. Line up the threaded posts with the holes in the end caps of the upper device. Then, slide the lower threaded posts into the holes, and slide forward to lock in place.

Instructions

- Distance: Apply from 6-12 inches.
- Session Time: Continue for 2-15 minutes, depending on distance.
- Frequency: Do this 2 times to 4 times a week until results are felt.
- Maintenance: Continue using several times a week.

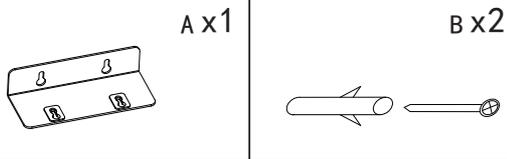
Wall Mounting Bracket Instruction

WARNING

Please read the following warning carefully before assemble it.

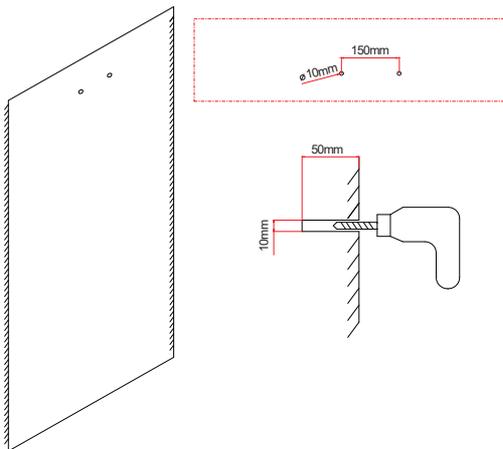
- ◆ Do not install or assemble if the product or hardware is damaged or missing, if you require replacement parts, please contact us for assistance.
- ◆ Maximum load capacity: 32KG/70.5LBS.
- ◆ Do not use this product for any other things than the original design.
- ◆ We do not cover the following damages: product been modified, improper installation or use over the specified weight range, nature caused damage.

Parts List



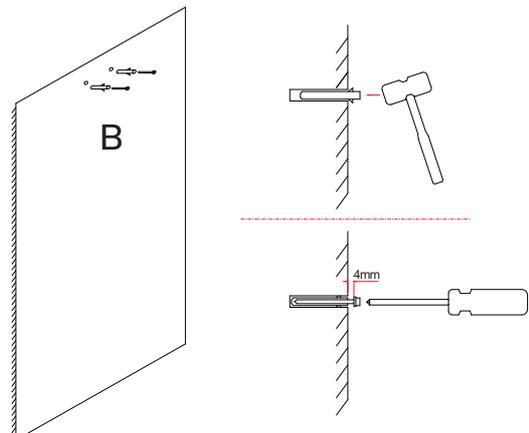
Step 1

Drill holes in the wall as the size



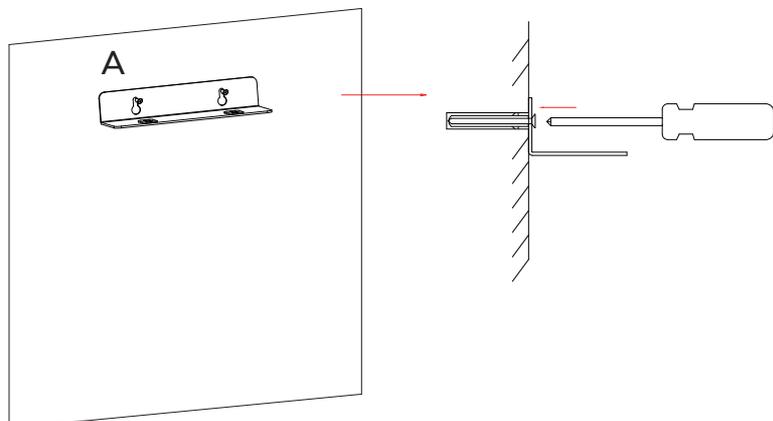
Step 2

Drive the gray plastic case into the hole, twist the screw in and leave 4mm away from the wall



Step 3

Hang up the wall bracket and tighten the screws.



Precautions

Please pay attention to the following NOTES when use the device:

- Please read all NOTES in the user manual before using the device.
- Use with caution in patients with allergic skin diseases
- Children and people with disabilities should use this device under the supervision of guardians or medical staff
- If the patient has a tendency to bleed or has acute inflammation, high fever, active tuberculosis, etc.,the LED therapy light should be prohibited.
- When using LED therapy light should pay attention to the safe irradiation distance and suitable treatment time.
- When irradiating the head should pay attention to protect the eyes to avoid eye burns.
- The device is not waterproof, do not clean it with an unwrung wet towel or immerse the device in water, do not wash electrical components with water or liquid.
- Stop using the device if it gets water or liquid.
- Do not pull the power cord forcefully during the device operation.
- Stop using the device if it gets water or liquid.
- Do not use with other heating equipment at the same time. Do not modify or repair this device by yourself.
- Do not use or store the device in environments where the temperature exceeds 45°C.
- Avoid direct sunlight when storing lamps and store in a cool, dry place.
- Please keep a distance of at least 11 cm between the skin and the light-emitting surface of the lamp to avoid high-temperature burns.
- If there is any abnormality or discomfort during use, please stop using it immediately and contact us.

Operating Environment

Operating your RDPRO outside these ranges may affect performance:

- Temperature: 14°F to 113°F (-10°C to +45°C)
- Atmospheric Pressure: 101.325 kPa
- Storage Temperature: 8.6°F to 104°F (-13°C to +40°C)
- Relative humidity: 30% - 65%

Warranty Card

Contact Information

Product

Comments

Warranty Clauses

1. Our products are warranted against defects in materials and workmanship for a period of THREE (3) YEAR from the purchase date.
2. Free replacements are warranted for a period of SIX (6) MONTH.
3. Warranty does not cover the following damage(s): product been modified, improper installation or use, improper clean, electrical surges, or nature caused damage.
4. Warranty does not cover the loss of third party with direct or indirect damage(s)

Warning & Clean

1. Unplug fixture before cleaning.
2. Do not use cleaning sprays. Wipe with a dry or lightly damp cloth to clean.